



West Oxford U3A, affiliated to Thames Valley Network

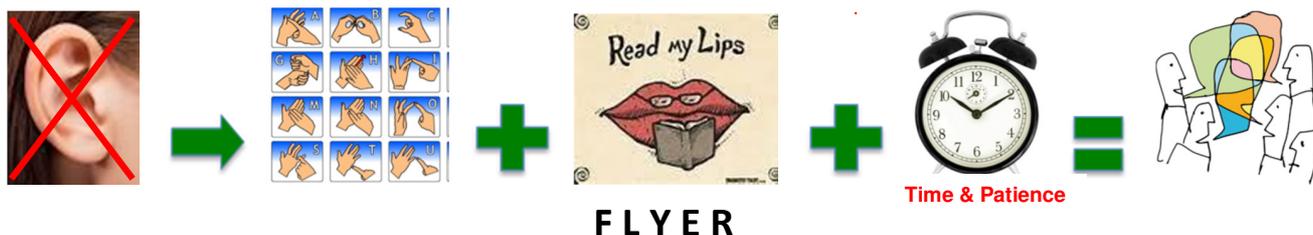
## Study Day

# STAYING CONNECTED

## LIVING WITH HEARING LOSS – YOURS OR MINE

Saturday 12 March 2016

Oxford Brookes University, Gipsy Lane, Headington, Oxford



One in seven people in the UK has some form of hearing loss<sup>1</sup> – that’s more than 40% of over 50s but 70% of the over 70s<sup>2</sup>. As part of the ageing population these statistics will undoubtedly affect you, directly or indirectly, within the circle of your family, friends and colleagues. Such a challenging situation demands sensitive communication skills of us all if we are to stay properly connected to society. Many people are not fully aware of how to get their hearing loss needs met. This Study Day aims to explore these topics and more, and to offer practical ways of overcoming communication problems as well as providing information on where to go for help.

<sup>1</sup>Statistic from National Association of Deafened People      <sup>2</sup> <http://www.actiononhearingloss.org.uk/>

The Speakers will be:

- **Philippa Rallings**, teacher of lip reading to adults for the past 25 years and member of ATLA (Association of Teachers of Lip reading to Adults). Also qualified in Deaf Awareness Training.
- **Lyndon Thomas**, representative of the leading UK charity Hearing Link and himself affected by hearing loss. Lyndon will cover the social, emotional and psychological effects of hearing loss and ways to overcome communication problems.
- **Tara Tripp**, RHAD, FSHAA, RGN. Oxford based independent Audiologist with over 20 years’ experience.
- **Ruth Waddle**, member of Headington U3A, previous Chairman. Social Worker for Deaf people, retired 2007. Voluntary archive work at Oxford Deaf and Hard of Hearing Club, registered volunteer with Deaf Direct, member of the British Deaf History Society

The programme for the day is as shown below, with 15 min Q&A sessions included where appropriate:

10.00	Arrival, Registration, Coffee
10.30	<b>Welcome by Paul Inman MA, OBU Pro Vice Chancellor, Dean of the Faculty of Technology, Design &amp; Environment</b>
10.45-11.45	<b>Tara Tripp, Audiologist: Symptoms, diagnosis and types of hearing loss (especially sudden onset and age-related)</b>
11.45-12.15	Break: view literature, talk to reps from various hearing loss related charities, meet fellow U3A members
12.15-12.45	<b>Tara Tripp, Audiologist: Conserving speech and hearing</b>
12.45-1.00	<b>Ruth Waddle, Social Worker for the Deaf: “Staying Connected within U3A”</b>
1.00-2.00	LUNCH (displays and informal consultations with representatives)
2.00-3.00	<b>Lyndon Thomas, Hearing Link representative: Effects of hearing loss on relationships and coping mechanisms</b>
3.00-3.15	Short break
3.15-4.00	<b>Philippa Rallings, Lip reading tutor: Lip reading explained and demonstrated</b>
4.00-4.15	<b>Pauline Martin, Chairman, West Oxford U3A: Summing up of day</b>
4.15	Tea and closure

The venue for the study day, **Chakrabarti Theatre, John Henry Brookes Building, Oxford Brookes University** offers state-of-the-art facilities and is conveniently placed in Oxford with good public transport links and some adjacent parking. Directions will be detailed in Joining Instructions, which will be circulated one month ahead of the actual event.

The Study Day Fee is £15. This includes participation in the full programme plus coffee/tea on arrival and departure, as well as a personalised information pack. A Luncheon Voucher is available for £6, or bring/buy your own – there is comfortable seating for all.

Members of non TVN affiliated U3As are welcome at an additional fee.

All enquiries to: **Mrs Elizabeth Stevens, Secretary - West Oxford U3A, 104 Kennington Road, Kennington, Oxford OX1 5PE**  
[secretary@westoxfordu3a.org.uk](mailto:secretary@westoxfordu3a.org.uk) (please enclose sae for an acknowledgement) tel 01865 739252