

# Walk into the history of Abingdon

With a chance to see the Swan Upping

Friday 22<sup>nd</sup> July 2011



## A walk into the history of Abingdon - the oldest continuously inhabited settlement in England.

Come and see the remains of the great Benedictine Monastery, founded in the 7<sup>th</sup> century; the Norman church of St Nicholas; the old coaching inns; and St Helen's church.

A chance to see the custom of Swan Upping, which finishes at Abingdon Bridge in the afternoon.

Exact times yet to be finalised. Starting in the morning with a break for lunch and continuing into the afternoon. There are plenty of eating places in Abingdon covering everything from sandwiches to a 3-course meal.

**Cost £8.00 excluding lunch. Cheques to be made payable to Thames Valley Network**

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Please complete this application, detach and return it, together with your cheque, to **Mrs A Gould, 43 Mattock Way, Abingdon, OX14 2PQ**. Numbers are limited and will be allocated on a 'first come, first served' basis.

Name ..... **U3A**.....

Address .....

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Telephone ..... **Mobile**.....

e-mail .....